



ORIENTATION PACKET

Welcome!

We are so pleased to see you have taken a step in exploring our organization, OhioSMART.

OhioSMART – (Sado-Masochist Alliance In Real Time) is one of the oldest and largest continuously running BDSM organizations in the country.

We understand taking this first step can be somewhat intimidating, a little scary and quite exciting all at the same time. It is our goal to make you feel welcome, safe and comfortable.



SCHEDULE & CONTACT

SMART has many events throughout the month! Here are a few:

Every First Friday

Play Party at our downtown
Cleveland Play Space

Every Third Saturday

We host an educational demonstration
or seminar, and a play party in our
downtown Play Space Until 2AM!

Special Interest Events

Parties and munches catering
to certain community niches,
either at our downtown play
space or in vanilla settings.

Munches & Sloshes

Meetups in public with kinksters like you!
Munches are at restaurants,
whereas sloshes are at bars.

OutSMARTs

Meetups at non-SMART events

We have a variety of web presences where we post
schedules, special announcements, cancellations, updates, etc.

www.OhioSMART.org

www.fetlife.com/users/3320279

www.facebook.com/OhioSMART

If you ever have questions, concerns, or need to contact us
for any reason, you can message us on the platforms above,
email info@ohiosmart.org, or call [\(440\) 732-8317](tel:(440)732-8317)

Our all-volunteer staff will usually get back to you
within 48 business hours.



CONSENT & EXPECTATIONS

Consent is the foundation and cornerstone of all BDSM, fetish, and kink-related activities.

OhioSMART has developed a code of conduct and expectations of all participants and any of our events. As a private organization, we reserve the right to remove anyone from our events at any time. We hope to not have to use this right, as we want all individuals attending our events to treat each other with respect and consideration. In our spaces, it is imperative that you do not touch anyone without their permission, and that you expect the same in return. Some individuals have different pre-negotiated boundaries with others.

Do not assume that you know or understand other people's agreements.

Do not assume that you can touch, hug, kiss, grope, or fondle anyone unless you have explicitly asked and received enthusiastic consent for it.

Beyond physical boundaries, we seek to be an inclusive space to folks from all walks of life.

We do not allow use of racist, transphobic, or homophobic language at any of our events, PERIOD.

Because we believe in education and understand some individuals may not have yet learned what qualifies as inappropriate language, SMART will provide educational intervention before asking someone to leave, either temporarily or permanently.



OFFICIAL CODE OF CONDUCT

Statement of Principle

OhioSMART is a private, non-profit, membership organization with an all-volunteer board of directors and staff. We are committed to providing a fun, creative, and educational environment that is free from harassment, abusive behavior, and consent violations. The board is dedicated to furthering freedom of expression in tandem with personal accountability, while driving to eliminate abusive behaviors. OhioSMART expects high standards of behavior and education, and will make every effort to ensure all members and guests act responsibly and with sensitivity.

Common Sense Policy

All OhioSMART rules, policies and guidelines apply to all members or persons in attendance at any and all OhioSMART events. All OhioSMART rules, policies and guidelines further extend to online activity including but not limited to Fetlife and the OhioSMART website.

Discretion Policy

If a person or persons knowingly or unknowingly jeopardize the safety or sanctity of OhioSMART, its members, or events, the offending person(s) may be immediately ejected from any event at the sole discretion of the OhioSMART board members present. The OhioSMART board may take additional action, up to and including permanent ban from OhioSMART events or activities, in accordance with the bylaws.

The following actions may be cause for removal from an event, revocation of membership, or banning:

Consent violations

Examples include but are not limited to:

- failure to honor and use safewords,
- failure to honor stated limits and/or boundaries,
- violations of personal space and/or boundaries,
- violations of the photography policy.

Abusive behavior/Harassment

Examples include but are not limited to:

- bullying
- coercion
- unwanted sexual advances
- intimidation
- non-consensual physical abuse
- defamation

This includes online and in-person behavior. Harassment doesn't require physical presence to be a problem, and it will NOT be tolerated.



VIOLATIONS OF THE COC*

The OhioSMART Board takes reports very seriously. If at an event or online forum, you are being harassed, have your consent violated, or even just see another member or guest making others uncomfortable, please report this to a Board Member as soon as possible. We encourage individuals to report any code of conduct violations that occur as soon as you feel safe to do so. We recognize that sometimes reports cannot be made immediately. To make a report after an event, please email info@ohiosmart.org.

Review Process:

A

If a violation of this code of conduct is witnessed or disclosed during an event, any Board member is empowered to resolve the matter according to their own judgment in the moment, including ejection from the event. Any such cases will also be reported to the rest of the Board for further discussion/management.

B

Issues submitted via email will be reviewed by the OhioSMART Board of Directors, who will consider the issue(s) at the least as a set of data points, useful in seeking patterns of behavior surrounding an individual.

C

Action taken can range from a warning, to removal from a single event, to revocation of membership, to banning from all OhioSMART events

***COC stands for Code of Conduct**



MEMBER EXPECTATIONS

Code of Conduct

Abide by code of conduct in person and in online forums including Fetlife and the OhioSMART website

Age & Agreement

OhioSMART members must be at least 19 years old, must show proof of age and agree to and follow all rules of OhioSMART. All participants agree that they are not required to register in any state as a sex offender, and that they have never been convicted of any sexual related felony.

Confidentiality

All information about identities and activities of OhioSMART participants is held in strict confidence by all participants, including but not limited to names, telephone numbers, addresses and all personal information.

Consensuality

All activities and discussions at OhioSMART events are agreed upon by all parties involved and all participants must be able to consent. All participants will respect as final the decision of anyone to not participate in any activity. Be aware that all are also responsible for communicating personal preferences and boundaries to others. Do not exceed your personal limits or that of another. And stop any activity immediately if requested by another participant, an OhioSMART board member, or a Play Space Monitor.

Drugs & Alcohol

No illegal drugs or alcoholic beverages are allowed at any OhioSMART event. No member or guest shall be under the influence of any illegal drug or alcoholic beverage while on the premises of an OhioSMART event, or they will be asked to leave at the discretion of the Board.

Cameras

At no time may participants use cameras or recording devices at any OhioSMART event. THIS INCLUDES CELL PHONES and ELECTRONIC DEVICES! In special cases, photos may be taken under direct supervision of an OhioSMART Board Member, ensuring no one is photographed who has not explicitly consented to being included.

Safety

All activities at an OhioSMART event must be performed in a safe, consensual fashion. The judgment of the Board and Play Space Monitors will be adhered to implicitly.

Solicitation

No participant may solicit or request services for monetary consideration or favors of any kind, sexual or non-sexual.

Vending

No participant may vend or offer items for monetary value during any play party or meeting without express permission of the Board

Knowledge

Read the organization's bylaws (located on the Fetlife page or available via email) to maintain knowledge of what our organization is about and an understanding of how it is run and what your rights as a member are.

Commitment

Volunteer at events throughout the year (bring food, do a door shift, a PSM shift, help tear down at the end of events and take out trash, clean up after oneself throughout any event) We are a self-run community and it takes all members pitching in to do their part for us to continue what we do



MEMBERSHIP INFO

Membership to OhioSMART has its privileges! Memberships are available to all who would like to be part of, participate in and support OhioSMART. A membership to OhioSMART will be available after an individual has completed the following:

- > Be at least 19 years of age
- > Agree to abide by the Code of Conduct and Expectations of Membership set forth by OhioSMART, and signing a consent form when necessary
- > Pay a \$50 membership fee per person per year
- > Show a drivers' license or valid I.D. To an OhioSMART Representative for proof of name and date of birth
- > Certify that one is not a Registered Sex Offender

With your paid membership you will receive a laminated membership card. The card will be discreet and include your membership date & membership number, your first name and last initial. Additionally, as of 2019 your membership includes access to an online web portal where you can view your membership information, renew online, prepay for events, and participate in member-exclusive forums.

Membership Benefits

- > FREE ADMISSION to Member Only Parties
- > Discount on our monthly First Friday and Third Saturday parties (\$420 value)
- > Ability to attend functions at other organizations OhioSMART affiliates with for play parties, functions & meetings with special privileges
- > Additional discounts at local events and from vendors
- > Affiliate organizations honor our memberships and membership in those organizations are valid with OhioSMART

To join, fill out the membership application and bring it with you to an OhioSMART monthly meeting or First Friday play party.

	Member Pricing	Guest Pricing
Membership	\$50.00	N/A
First Fridays	\$15.00	\$30.00
3 rd Saturday Class & Party	\$20.00	\$40.00



SPECIAL INTEREST GROUPS

In addition to our regular monthly events at our space, you can engage in fun and fellowship throughout the month with our varied special interest groups. These provide additional social opportunities for our members, and low-key events for guests and curious like-minded individuals who have not yet joined us.

Please note, the TNG and Queers groups both limit involvement to those who meet their additional requirements. We support these affinity groups and ask that those whose identities fall outside of their restrictions respect these regulations and not attend, unless they have a partner in attendance who does belong to the group.

SMART Munch/Meet & Greet

Monthly Munch on the fourth Tuesday of the month. Open to anyone who would like to come mingle with like-minded folks while enjoying a decent meal in a casual, vanilla environment. This event is for everyone, but especially helpful to anyone new that would like to come socialize/get information in a casual environment. These are held at local restaurants and rotate around northeast Ohio.

SMART Ties

OhioSMART's group for rope enthusiasts, dedicated to providing information regarding the safe practice of rope play/rope bondage at all levels from bedroom beginners to seasoned suspenders. SMARTies meets on the second Sunday each month.

TNG: The Next Generation

This is THE place to meet and greet with fellow kinksters between the ages of 19-35 in Northeast Ohio!

SMART Queers

A group especially for the queer and questioning, SMART Queers aims to build connections in the LGBTQIA+ and queer-identified kink community through hosting events and discussions.

SMART Gamers

Kinky? Into gaming of any kind? Us too! This group is the place to meet and talk with other tabletop and video gamers in Northeast Ohio.

It's always a good idea to check our website and FetLife pages for the latest updates on events. When in doubt, feel free to email info@ohiosmart.org or call us at (440) 732-8317



PLAY SPACE RULES

We would like everyone to have a safe and comfortable experience. For the safety and protection of everyone we have developed a few rules to govern our conduct. Play Space Monitors (PSMs) are volunteers who know what is or isn't allowed in our space, and are empowered to communicate with attendees if a scene involves activities that are prohibited. You can always talk to them if you can't find a Board member and need clarification on anything.

Our play space is supposed to be a place for you to explore, let loose, experiment, and have fun with your person or people. If you're in a scene and you need to scream or yell, do it! If you need to cry, do it! We encourage you to give and receive what you need and want. Let the Play Space Monitors know if you'll be doing a scene with a lot of resistance-based yelling, just so they're aware.

We like to let our attendees do (almost) whatever they want, but there are some restrictions at our events. Keep your scenes to an hour or less, please. Don't be offended if a PSM lets you know you're running out of time. Please do not use one piece of equipment all night unless you've cleared it with a Board member. Just because other attendees haven't bothered you, doesn't mean they aren't waiting for the same piece of equipment you are using.



Allowed with additional guidelines:

-Needles -Wax -Fire



Check in with a PSM for permission:

- Resistance-based yelling
- Breath play - Food-based play



Never allowed:

- Penetration (except prepaid events)
- Blood, cutting, scarification
- Golden showers, scat, enema play

When you are finished with your scene, clean and wipe down the equipment with sanitizing solution and paper towels. Be sure to dispose of the paper towels properly.

NO ONE SHOULD HAVE TO CLEAN UP AFTER YOU.



MORE GUIDELINES

The House Safeword Is “RED”

At our events, the universal word to use for ‘stop’ is the word RED. We do this because many people want to experience saying ‘no’ or ‘stop’ as part of a scene, without the activity that causes them discomfort ending. If you negotiate another safeword, please remember that in our play space, we all expect a scene to end if any participant says RED.

Borrowing & Respecting Toys

Do not use another guest’s toys without permission.

The toys on the racks at our play space belong to the facility’s owner, who is gracious enough to allow OhioSMART to use them. Please be respectful of them – clean and put them back where you found them!

If a piece of equipment is damaged or gets damaged (including fluid contamination), notify a PSM on duty immediately.

General Space Etiquette

If you’re here watching scenes and not a participant, keep your distance from the activities. Keep your conversation to a minimum. The only things we should be hearing are scene participants having a good time! If you want to talk to people, please do it in the social areas and please don’t bring food back into the play spaces.

If you see or hear something that disturbs you, leave the area where the scene is happening. If you believe there is someone in immediate danger or experiencing a medical issue, see the PSM on shift.



FREQUENTLY ASKED:

“Why do you need my legal name?”

OhioSMART is a legal entity, a non-profit corporation and in order to best protect everyone involved we need to be sure you are who you say you are, and of legal age. You will sign a legally binding waiver of liability and it requires that you use your legal name and show your state ID or driver's license. However, only organizational leaders will have access to that information. All of your information is kept secure and private at all times.

“What about privacy?”

OhioSMART insists on privacy and confidentiality. What goes on at SMART, stays at SMART. We also encourage you to not give out any personal information you are not comfortable sharing. For example, where you live, what you do for a living or where you work etc. Some people are really out and others prefer to keep things very private. The amount of information you share is completely at your own discretion. If someone does ask, it is perfectly acceptable to say “I am not comfortable sharing that information” and no further questions should be asked.

“Am I required to play?”

No one is required to participate at all. We do offer a wristband program that allows you to let people know if you are open to DISCUSSING play. Even if you wear a wristband you are NEVER expected to play. We highly encourage people to negotiate and gather references before playing with someone new.

“Am I too old/young/fat/ugly/etc?”

The answer is a resounding no! SMART has people of all age ranges. We have people in all sizes, ethnic and gender configurations. All are welcome and will find the members and attendees at OhioSMART to be no different than you would find at any other gathering in Ohio, but much more open minded and welcoming.

“What if I run into somebody I know?”

It is very unlikely that you will run into someone you know. However, it does happen on occasion. The basic answer is you are both at the same location and it isn't someplace you can accidentally get to, so you must have a common interest in BDSM. Congratulations! The best thing to do is acknowledge one another and reassure one another that you will each keep their identity confidential.

“What is available to eat or drink?”

OhioSMART provides coffee, water, candy and an occasional pizza party. Other members often bring snacks and food to share as well. You can check our Fetlife Page for food offerings. You may bring your own beverages (NON ALCOHOLIC) in cans or plastic bottles (no glass please) and keep them in our refrigerator. Only drinks and candy are allowed in the dungeon areas and all other food and drink must remain in the social area.

“Is there a dress code?”

Nope! You have to be street legal in certain areas, but other than that you can be in whatever state of dress or undress you like! Some people wear lingerie, others wear their favorite jeans and a tee shirt. It's up to you!

“What if I've never done BDSM?”

Then we're honored to show you the ropes! We're an educational group - plenty of our members gained their skills on-site at SMART. If you're interested in BDSM and have looked into it, you probably know enough to fit in.

If you still have questions, email info@ohiosmart.org. And don't worry, we've heard everything!



NEGOTIATIONS

Negotiation is a fundamental skill. It is the art of discussing what is expected from everyone in any scene. Many have found that a skillfully conducted pre-scene negotiation almost guarantees a satisfying session. They also have found that such negotiation does not harm the energy or excitement of the play that results from it. On the other hand, most experience that a rushed or sloppy pre-play negotiation can be the single most common cause of a scene ending badly.

Here we would like to offer you some tips as you may be new to this and have never done this before. This is a simple checklist that will simplify negotiation and show that it need not be overly time-consuming. Most can usually complete pre-play negotiations in five to ten minutes especially if you have an idea of how it should go. Below is a listing of 16 main points to negotiation provided by S&M guru Jay Wiseman:

- 1.) **People:** Who will take part in the scene?
Who is allowed to interact with your scene directly?
- 2.) **Roles:** Who will be dominant? Who will be submissive?
- 3.) **Place:** Where will the session occur?
- 4.) **Time:** When will the session begin and how long will it last?
- 5.) **Oops:** Both parties agree that any accidents, miscommunications, etc. will be handled in a constructive manner.
- 6.) **Limits:** Mainly covers the submissive's physical and emotional limits.
- 7.) **Sex:** It's crucial to agree clearly and specifically, before beginning the session, about exactly what kind of conventional sexual contact, if any, is mutually acceptable.
- 8.) **Intoxicants:** Don't play if either of you is seriously drunk or stoned.
- 9.) **Bondage:** Who will be tied up? To what extent?
- 10.) **Pain:** How does the submissive feel about receiving pain?
- 11.) **Marks:** Will it cause the submissive problems if the session leaves marks?
- 12.) **Humiliation:** This can include "verbal abuse," forced exhibitionism, slapping the face, spitting, and more. Very important to discuss when playing publicly & privately
- 13.) **Safewords:** I recommend using at least two safe words: one for "lighten up" and one for "stop completely." OhioSMART recommends the "Stoplight System:"
Red: Stop Completely | Yellow: Pause | Green: Keep Going
- 14.) **Opportunities:** Is there anything either person has wanted to try?
- 15.) **Follow-up:** What arrangements can be made for the two people to spend "straight time" together after the scene? Aftercare to some, it is basically what both of you think you may need after the scene. Time together, cuddles, space, etc. everyone needs something different and it is best to know beforehand.
- 16.) **Anything else?** Is there anything else to discuss or negotiate about before beginning? Is there anything you found unclear? Best ask those questions now!



S&M VS ABUSE

The following Principles and Guidelines are intended to help law enforcement and social services professionals understand the difference between abusive relationships vs. consensual sadomasochism (SM). SM includes a broad and complex group of behaviors between consenting adults involving the consensual exchange of power, and the giving and receiving of intense erotic sensation and/or mental discipline.

Abuse is “physical, sexual, or emotional acts inflicted on a person without their informed and freely given consent.”

Principles guiding SM practices:

The SM-Leather-Fetish communities recognize the phrase "Safe, Sane, Consensual" (or SSC) as the best brief summary of principles guiding SM practices:

- > **Safe** is being knowledgeable about the techniques and safety concerns involved in what you are doing, and acting in accordance with that knowledge.
- > **Sane** is knowing the difference between fantasy and reality, and acting in accordance with that knowledge.
- > **Consensual** is respecting the limits imposed by each participant at all times. One of the recognized ways to maintain limits is through a "safeword" which ensures that each participant can end his/her participation with a word or gesture.

Guidelines to identify abuse:

Informed consent must be judged by balancing the following criteria for each encounter at the time the acts occurred:

- > Was informed consent expressly denied or withdrawn?
- > Were there factors that negated the informed consent?
- > What is the relationship of the participants?
- > What was the nature of the activity?
- > What was the intent of the accused abuser?

Whether an individual's role is top/dominant or bottom/submissive, they could be suffering abuse if they answer no to any of the following questions:

- > Are your needs and limits respected?
- > Is your relationship built on honesty, trust, and respect?
- > Are you able to express feelings of guilt or jealousy or unhappiness?
- > Can you function in everyday life?
- > Can you refuse to do illegal activities?
- > Can you insist on safe sex practices?
- > Can you choose to interact freely with others outside of your relationship?
- > Can you leave the situation without fearing that you will be harmed, or fearing the other participant(s) will harm themselves?
- > Can you choose to exercise self-determination with money, employment, and life decisions?
- > Do you feel free to discuss your practices and feelings with anyone you choose?



BDSM GLOSSARY

- > 24/7: A BDSM relationship in which the Dom and sub exist in a perpetual power exchange.
- > Aftercare: The last act of a BDSM session used to transition the submissive from the elevated states created in a scene back to normalcy. Feelings of affection, comfort and gratitude are often exchanged during this period.
- > BDSM: The word BDSM is a combination of BD for Bondage Discipline, DS for Domination and Submission, and SM for Sado-Masochism.
- > Blood Sports: A group of techniques in which the sub's skin is pierced or cut and blood is involved.
- > Body Modification: To have the body modified by piercing, branding, or cutting.
- > Bondage: Technique used to render a submissive physically helpless using ropes, restraints, cuffs, etc.
- > Bottom: A person who receives pain or bondage in an SM scene, but who may or may not have a power relationship with the top. Also used as a verb "to bottom".
- > Brat: A person, frequently submissive, who likes to act naughty or mischievous and will sometimes test their Dominant's boundaries, patience or limits in order to get a beating. Many dominants are also Brats.
- > Breath Control: A form of edgeplay in which the top restricts the bottom's ability to breathe, either by constricting the neck or by blocking the mouth or nose.
- > Bukkake: When many people with penises ejaculate on the face of a submissive.
- > CBT (Cock and Ball Torture): Intense torture of the penis and testicles involving constriction and or denial.
- > Collar: Worn around the neck, signifies ownership. To say that someone is "collared" to a Dominant means that the person wearing the collar is the property of the Dominant.
- > Collaring Ceremony: The Dominant places a collar around his or her sub's throat as part of a formalized commitment ceremony in which the couple exchange vows and pledge their commitment to and love for one another.
- > Contract: A written agreement outlining the rights and duties of D/s partners. BDSM contracts do not have any meaning in terms of law, but they are often used to define the relationship.
- > D-type: Gender-neutral, general way to say Master/Mistress/Dominant/Top/etc.



BDSM GLOSSARY

- > **Daddy:** A dominant who assumes a paternal, mentoring role with a submissive, provides guidance and expresses a masculine identity. Not always gender specific.
- > **Discipline:** Structured training or punishment given to a submissive with the goal of providing guidance and correcting behavior.
- > **Dom, Domme, Dominant:** The person who is in charge/control (also referred to as a Top). Female or feminine Dominants can be referred to as Dommies.
- > **Domspace:** A state of altered awareness that Dominants often achieve while in a scene. Domspace is an intensely pleasurable and satisfying state for a Dominant to achieve, but is also immensely draining, usually requiring rest afterwards. (See also: Top Space)
- > **Play Space/Dungeon:** A space used for BDSM activities, public or private, and furnished with BDSM equipment.
- > **Edgeplay:** These are particularly dangerous BDSM techniques that are looked upon with some trepidation such as bloodsports and asphyxia.
- > **Electrical Play:** Using electrical devices such as violet wands, TENS units, etc. for stimulation.
- > **Exhibitionism:** Getting sexual pleasure from exposing oneself to others or being watched while in a scene or having sex.
- > **Femdom:** Female Domination, or when a woman is the Dominant partner. A female Dominant can be referred to as a Domme or Dominatrix.
- > **Fetish:** A strong sexual interest in or obsession over some object, body part, or activity. Examples include foot fetish and latex fetish. Also used broadly to describe any non-traditional sex, especially BDSM.
- > **Fisting:** Penetration of the vagina or anus using the fist/hand.
- > **Flogger:** A device consisting of a handle and numerous strands in various sizes and materials.
- > **Humiliation:** Embarrassment or degradation of a submissive in some way by his or her Dominant.
- > **Kink/ Kinky:** Sexual activity that is somehow non-traditional or unusual.
- > **Kink-Friendly:** A person or establishment that is sympathetic and/or supportive to kinky people.



BDSM GLOSSARY

- > **Leather** (with a capital L): A subculture within the BDSM community characterized by interest in leather as a kink. Originally founded by gay men in motorcycle clubs in the 1950's, modern leather is more diverse and is devoted to eroticism, charity and community.
- > **Little**: describes someone who roleplays as an age younger than they are in a BDSM dynamic.
- > **Hard Limits**: The maximum edge of someone's negotiated limit. In some cases, a hard limit is a personal choice; in others, it is a necessity to safeguard participants' health
- > **Masochism**: The ability to derive pleasure from pain.
- > **Master, Mistress**: A Dominant man (Master) or woman (Mistress). The person in charge/control (also referred to as a Top). Mostly used in terms of Ownership.
- > **Mentor**: A wise and trusted teacher or advisor.
- > **Munch**: A social gathering of BDSM people, usually in a restaurant.
- > **Mummification**: A form of bondage where the passive partner is wrapped from head to toe in various materials such as rope, saran wrap, duct-tape, latex, etc.
- > **Negotiation**: The art and science of reaching a clear, consensual agreement with your BDSM partner about the type of relationship you will have and the kinds of kinky things you will do together.
- > **Old Guard**: The exclusively gay male, loosely organized network of Leather clubs (circa 1940s-1950s) which established the rituals and mores of leather culture.
- > **OTK (Over The Knee)**: A spanking given while the submissive is bent over the Dominant's knee.
- > **Pain Slut**: A person who derives pleasure from intense pain.
- > **Pansexual**: A person, organization or community that caters to all sexual orientations, genders, and activities.
- > **Play-partner**: Generally refers to anyone with whom one has BDSM encounters or scenes. Implies a casual relationship.
- > **Poly/Polyam**: Short for "polyamory" is the desire, practice, or acceptance of having more than one loving, intimate relationship at a time with the full knowledge and consent of everyone involved.



BDSM GLOSSARY

- > **Power exchange:** The consensual transfer of power by the submissive to the Dominant. The exchange takes place when the returned energy from the Dominant empowers the submissive .
- > **Protector:** A protector is one who is entrusted with the care of another's sub/slave. A protector is also one who will take the place of the D-type at any function the D-type cannot attend.
- > **Punishment:** Any negative stimulus that a submissive must endure as a consequence of their behavior(s). This can be physical (i.e. a caning, flogging, spanking or probing) or it can be psychological (i.e. withdrawal of a privilege).
- > **RACK:** Risk-Aware Consensual Kink (RACK, also Risk-Accepted Consensual Kink) is an acronym used by some of the BDSM community to describe themselves and their philosophies. It specifies that any activity between fully informed consenting adults is acceptable.
- > **S-type:** The gender-neutral, general way to say “submissive/slave/bottom/etc”
- > **Sadist:** One who derives pleasure from inflicting emotional or physical pain on another.
- > **SSC (Safe, Sane and Consensual):** Activities that are "safe" (no form of pain or stimulation that causes harm), "sane" (with respect for both body and mind), and consensual (all partners involved are adults who are able to give informed consent).
- > **Safeword:** A word, phrase or sign the participants agree on which causes a scene to stop immediately.
- > **SAM (Smart Ass Masochist):** A bottom or submissive who knowingly misbehaves in order to receive attention. see Topping From The Bottom.
- > **Scene:** Interaction between a Dominant and submissive (or switch) for pleasure, discipline or both. A scene usually involves toys, restraints, and/or dungeon equipment. Sex doesn't have to be present for the interaction to constitute a scene.
- > **Slave:** A person who gives total control to and becomes the property of their Master.
- > **Submissive (Sub):** A person who gives the control to another person (usually a D-type)
- > **Subdrop/Domdrop:** Feelings of depression and confusion experienced in the days following an intense scene.
- > **Subfrenzy:** An intense craving or longing to spend time with a Dominant.



BDSM GLOSSARY

- > **Subspace:** A trance-like state of mind and body the submissive experiences during a scene. It is often described as a feeling of lightness or euphoria. The feelings are often caused by endorphins during intense scenes.
- > **Switch:** A person who switches roles between submissive and Dominant, or between top and bottom
- > **Top:** The person in charge/control, the one doing the inflicting and managing of a scene
- > **TPE (Total Power Exchange):** The consensual transfer of power by the submissive to the Dominant. The exchange takes place when the returned energy from the Dominant empowers the sub.
- > **Toy:** The physical objects used in and around the scene, such as whips, paddles, cuffs, and floggers.
- > **Vanilla:** A person with no interest in BDSM. Plain standard sex - non BDSM sex.
- > **YKINMKBYKIOK:** Your Kink Is Not My Kink, But Your Kink Is Okay. If everyone is being as safe and responsible as possible, don't yuck another person's yum. Also pronounced "kink tomato"
- > **WIITWD:** An anagram for "What it is that we do". It's intended to include all activities that the mainstream would consider "Kinky".